

SSM HEALTH DePaul St Louis  
12303 DePaul Drive  
Bridgeton MO 63044-2588  
Hospital Abstract

M.H.  
MRN: 1150341  
DOB:xxxx/2004, Sex: F  
Adm: 1/29/2017, D/C: 2/6/2017

#### Patient Demographics

Patient Name	MRN	Sex	DOB	Address	Contact Numbers
M.H.	1150341	Female	XXXX/2004	PO Box 125 DONIPHAN MO 63935	573-996-6401 (Home Phone)

#### Events

Date/Time	Event	Pl Class	Unit	Room/Bed	Service
01/29/17 1826	Admission	Behavioral Medicine IP	DPHC BHS 1500 CHILD	1506/01	Psychiatry
01/29/17 2215	Patient Update	Behavioral Medicine IP	DPHC BHS 1500 CHILD	1506/01	Psychiatry
01/30/17 2008	Transfer Out	Behavioral Medicine IP	DPHC BHS 1500 CHILD	1506/01	Psychiatry
01/30/17 2008	Transfer In	Behavioral Medicine IP	DPHC BHS 1500 CHILD	1509/01	Psychiatry
02/06/17 1515	Discharge	Behavioral Medicine IP	DPHC BHS 1500 CHILD	1509/01	Psychiatry

#### Admission Information - Patient Record Only

Arrival Date/Time:	Urgent	Admit Date/Time:	01/29/2017 1826	IP Adm. Date/Time:	01/29/2017 1826
Admission Type:	Ambulance	Point of Origin:	Non-health Care Fac	Admit Category:	
Means of Arrival:		Primary Service:	Psychiatry	Secondary Service:	N/A
Transfer Source:		Service Area:	Ssm St. Louis Region	Unit:	Dphc Bhs 1500 Child
Admit Provider:	Perez-Magnelli, Fernando R, MD	Attending Provider:	Perez-Magnelli, Fernando R, MD	Referring Provider:	Perez-Magnelli, Fernando R, MD

#### Discharge Information

Discharge Provider	Date/Time	Disposition	Destination
(none)	02/06/17 1515	Home or Self Care	Home
Comments			
(none)			

#### Contact Information for Follow-Up Providers

Follow up With	Details	Comments	Contact Info
Follow up with provider			
Follow up with provider		Follow up with Caseworker Theresa Whaley; Phone: 573.718.2789; Fax: 573.996.2238	

#### Discharge Summary

#### Discharge Summaries Signed by Rehmani, Zafar, MD on 2/6/2017 10:42 AM

Author: Rehmani, Zafar, MD	Specialty: Child and Adolescent Psychiatry	Author Type: Physician
Date of Service: 2/6/2017 10:41 AM	Note Created: 2/6/2017 10:41 AM	Filed: 2/6/2017 10:42 AM
Status: Signed	Editor: Rehmani, Zafar, MD (Physician)	

### PSYCHIATRY DISCHARGE SUMMARY

SSM DePaul Health Center  
12303 De Paul Dr, Bridgeton, MO 63044

Patient's Primary Care Physician: No primary care provider on file.  
Name: M.H. Age: 12 y.o. Sex: female  
DOB:xxxx /2004

Admission Date: 1/29/2017

Discharge Date: 2/6/2017

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**Discharge Summary (continued)**

Discharge Summaries Signed by Rehmani, Zafar, MD on 2/6/2017 10:42 AM (continued)

**PRIMARY PROBLEMS LEAD TO HOSPITALIZATION:**

**Identifying Information:** Patient is a 12 y.o. white female, living with grand mo, sister 7 yo, school: 7th grade

**Chief Complaint/ Reason for admission:** Depression, cutting self.

**History of Present Illness:**

Ms. M.H. states her mom saw her arm and took her to ER she has cuts done with Eraser, 4 days, done x3. She started when she moved to grand mo, was in December/2016. Mom was schooling and then wanted her to be in public school. SI on and off, not killing self, because the move, she misses her mom. She has problems sleeping, denies mood swings, no AH, no nightmares, no intrusive thoughts.

Saddest: 3 yrs ago when to Foster care because Bio father molested 18 yo half sister. He went to jail x2. She is angry at him.

Maddest: father

Wishes: 1- be home, 2- all the court to stop, 3- dad in jail

**P PSYCH HX:**

Inpatient: none

Outpatient: therapy for going to Foster Care, few yrs ago

Suicidal Attempts: none

**Current Scheduled Medications:**

none

**PAST PSYCH MEDS:** none

**SUBSTANCE ABUSE HX:**

has no alcohol history on file.

has no drug history on file.

**P MEDICAL HX:**

none

No past surgical history on file.

Allergies	
Allergen	Reactions
• Omnicef [Cefdinir]	
• Sulfa Drugs	
• Tamiflu	

Patient Vitals in the past 6 hrs:

01/30/17 0607, Temp:97.9 °F, Pulse:87, Resp:17, BP:109/51

Laboratory and other tests are reviewed.



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#### Discharge Summary (continued)

Discharge Summaries Signed by Rehman, Zafar, MD on 2/6/2017 10:42 AM (continued)

#### Family History:

No family history on file.

#### RECENT LABS:

No results for input(s): SODIUM, POTASSIUM, CHLORIDE, CO2, BUN, CREATININE, GLUCOSE, CALCIUM, ALKPHOS, ALBUMIN, ALT, AST, TBIL, TPROT, MAGMGDL, CALCIUMION, PHOS in the last 17520 hours.  
No results for input(s): WBC, HGB, HCT, PLTCOUNT in the last 17520 hours.  
No results for input(s): AMPHETSCR8UR, BARBSCRN8UR, BENZOSCR8UR, THC8USCR50, OPIATESCR8UR, PCPSCR8UR, COCAINE, ETHANOL in the last 17520 hours.

Invalid input(s): METHADNSCR8UR

#### Recent Labs

Component Name	02/02/17 0829
HCGURINE	Negative

#### Recent Labs

Component Name	01/30/17 0622
TSH	3.00

No results for input(s): RPR in the last 17520 hours.

No results for input(s): COLORUA, CLARITYUA, SPECGRAVUA, PHUA, PROTEINUA, BLOODUA, LEUKOCYTEUA, NITRITEUA, GLUCOSEUA, KETONEUA, BILIRUBINUA, UROBINUA, REDSUBUA, WBCUAAUTO, RBCUAAUTO, EPITHUAAUTO, BACTUAAUTO, YEASTUAAUTO, SPERMUAAUTO, CASTUAAUTO, CRYSUAAUTO, MUCUSUAAUTO in the last 17520 hours.

No results for input(s): VPA in the last 17520 hours.

No results for input(s): LITHIUM in the last 17520 hours.

No results for input(s): CARBAMAZEPIN in the last 17520 hours.

**Hospital Course:** The patient was provided inpatient psychiatric treatment with safe and supportive environment, group therapy, individual counseling, behavior management, psychiatric medication, medication adjustment, adverse effect monitor, medical evaluation, social service assessment, resource assessment and psychoeducation. The patient's depression, anxiety, stress management skill, impulse/anger control, motivation, understanding of disease and compliance to treatment are improved. The patient continued to have difficulty in motivation. At the time of discharge, the patient had no suicidal ideas, no homicidal ideas, no aggressive thoughts, no endangering behavior and no debilitating adverse effects. The patient agreed on the treatment plan, understood the risk, benefit, alternative treatment, potential consequence of no treatment, and gave informed consent. The patient is medically evaluated and cleared by Dr. Laferty. The patient is to be discharged today to home.

#### DISCHARGE DIAGNOSIS:

Depressive Disorder NOS

No past medical history on file.

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#### Discharge Summary (continued)

Discharge Summaries Signed by Rehmani, Zafar, MD on 2/6/2017 10:42 AM (continued)

No past surgical history on file.

**Discharge Medication:** As attached. Prescription is provided with 1 month supply and 0 refill(s).

#### Home Medication Instructions

M.H.  
HAR:28170290707  
Printed on:02/06/17 1041

#### Medication Information

mirtazapine (REMERON) 15 MG tablet  
Take 1 Tab by mouth at bedtime Reasons:  
Trouble Sleeping

#### Consults:

##### Treatment Team:

Attending Provider: Perez-Magnelli, Fernando R, MD 636-939-2550

Consulting Physician: Lafferty, Julie, MD 314-567-5000

**Discharge Instructions:** The patient should be compliant with medications. The patient understands that if suicidal ideas, homicidal ideas, or any endangering thoughts arise, the patient should immediately seek for emergent assistance including but not limited to crisis hot line and emergency room.

**Follow Up Plan:** The patient was advised to make appointment and follow up with the patient's primary care physician and psychiatrist

Zafar Rehmani, MD

Discharge Summaries Signed by Davis, Molly K, RN on 2/6/2017 3:21 PM

Author: Davis, Molly K, RN  
Date of Service: 2/6/2017 3:15 PM  
Status: Signed

Specialty:  
Note Created: 2/6/2017 3:20 PM  
Editor: Davis, Molly K, RN (Registered Nurse)

Author Type: Registered Nurse  
Filed: 2/6/2017 3:21 PM

Pt discharged to home with transport. No aggression. Denies any suicidal/homicidal ideation. No attempts to harm self or others. Interacting appropriately with staff and peers. Prescriptions, return to school note, follow-up appointment, and discharge paperwork reviewed and given. Pt belongings returned.

#### History and Physical

H&P Signed by Perez-Magnelli, Fernando R, MD on 1/30/2017 9:51 AM

Viewed &/or Printed on 2/16/2017 11:26 AM